



THE POWERHOUSE PROGRAM

A S N E A K P E E K

HUMILITY

MASTER CLASS 2



Get Out
Of The Way

Get Out of The Way

Yes, confidence is fleeting; it comes and goes with the seasons of life. A deeper, more lasting sense of self-worth can only be discovered through a purposeful dance with humility... the force that leads, if we are willing to follow.

To understand humility better, be reminded that power is not achieved in a vacuum. Life experiences are containers for your growth, and you need context in order to become and own more of who you are. Belief in yourself can feel inconceivable when you are in a place of powerlessness. It's like begging a flower to grow using just your words. There are better ways to go about it, wouldn't you agree?

To truly launch your life into super hero orbit, you don't need your ego massaged; you need to learn how to come alive and connect to your life as a purpose.

If you are waiting to feel ready, you are going to stay stuck.
Humility is about *allowing for movement* even though doubt lashes at your heart.
You *discover belief* in your power by getting out of the damned way.

Admit it. You don't know exactly why you are here. None of us do. We toss and turn, itch and ache, reach and yearn for anything that will provide us a sense of purpose within the great mystery. We question if we really have anything at all to offer the world. *How can I contribute? What do I really have to offer? What is the point of it all?* We look to others for examples of how we might "get there"... surrendering authority to those who seem to have it figured out.

But you now know better than that. As a powerhouse woman, you've actively claimed ownership over your life. That's exciting. And it's also scary as hell... because *NOW WHAT?* Now that you've claimed your life as yours... the brush is in your hand, the canvas is readied, and you have no idea what in the hell to put on it...

Good. Because it's not up to you. Your reason for being is bigger than you are.

The secret to aligning with the most powerful creative energies within you is to stop thinking that you own them. That's right. You are a vessel for something that far exceeds any conception you might have of it. You can't think your way to your most actualized self... you have to step aside enough to allow it to come through you.

Your purpose is not about you. It's about us. All of us.

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